

Mission Statement: ***The Springdale Sun*** strives to inform, enlighten, illuminate, listen to, amuse, and encourage Springdale citizens, while also providing analysis, clarification, and an honest **forum** in order to increase the sense of community and well being in Springdale. Truth is mandatory.

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HAPPY 67th BIRTHDAY, SPRINGDALE !!!!!

Happiness Hormones - Part III

by Debi Keys



Continuing Our Series: The Happiness Hormones
Subject: Happiness Hormones – Part 3:

Serotonin, the Mood Stabilizer

Part 3 of our series highlights **Serotonin**, the neurotransmitter responsible for mood balance, emotional stability, and overall well-being.

Serotonin helps regulate mood, appetite, and sleep—allowing us to feel calm, centered, and content throughout the day. When serotonin levels are optimal, anxiety decreases and emotional resilience improves.

Here's the fascinating part: **most serotonin is produced in the gut**. That means gut health plays a critical role in mental clarity, emotional balance, and long-term happiness.

🌿 **Ways to Naturally Boost Serotonin**

- Meditate to calm the nervous system
- Practice yoga or gentle stretching
- Spend time outdoors in natural sunlight
- Enjoy a relaxing massage
- Take a warm bath to soothe the body
- Practice daily gratitude
- Include magnesium-rich foods

💛 **Gut Health Connection**

Because serotonin production primarily occurs in the gut, supporting digestion and gut balance can dramatically impact mood and emotional well-being.

✨ **Gentle Reminder:**

A healthy gut supports a healthier mind.
If you're feeling called to support your gut in a gentle, non-fasting way, this may be the perfect time to explore a reset that works with your body—not against it.
Next up: **Endorphins — your body's natural feel-good chemicals.**

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Pickleball

submitted by Robyn Chancey

"The Town of Springdale's Pickleball Program is off to a great start, and we are thrilled with the community's participation and enthusiasm. We are currently offering two options for players:

Springdale Pickleball Social (SPS)

SPS features ladder-style play on Mondays from 4:00 PM to 6:00 PM. Games are timed, and partners split after each round to keep the rotation moving. There is no cost to join, and we welcome both residents and visitors.

After play, we gather at a local restaurant for food and drinks. We've already enjoyed great visits to Onyx Pizza and Zion Brew Pub, and we are grateful to their managers, Brandon and Abigail, for their generous discounts. This week, we look forward to visiting Scout Bar and Grill.

Beginner Classes

For those new to the sport or looking to refine their skills, we host weekly Beginner Classes on Saturdays from 2:00 PM to 4:00 PM at the town courts. In celebration of Springdale's birthday, all classes are free for the month of March. You can sign up online at https://www.springdaletown.com/582/Pickleball-Classes or simply show up, sign a release and have fun!

Stay tuned for a new Skills, Drills, and Tactical Positioning class coming soon. Please feel free to reach out to me with any questions, feedback, or suggestions.

LET'S PLAY PICKLEBALL!

Robyn Chancey
PickleballZion2@gmail.com

“A Little History Gathered from Various Sources” by Faye Cope

submitted by Dan Mabbutt

Faye Cope was the Springdale Town Clerk when I first moved here and one of the first that I came to know. She was full of life and interesting things. Her home in Virgin was a cornucopia of treasures, scattered at random. So was her office in Springdale. After she died (very unexpectedly to me), Springdale held a remembrance filled with parts of her life I knew nothing about. None of them changed my feelings about her, but they did expand them. Faye had a full life.

I was a member of the Springdale Planning Commission for more than six years and, since I had occasions to visit Town Hall, I sometimes invested time just talking to Faye. She was far and away the most approachable Town official I have ever met. Roxy and I enjoyed a shopping trip in our car to Mesquite with her and the miles flew by.

Faye had written a short history of Springdale that she shared with me and now I’m sharing it with you, exactly as I received it. I’m not even close to being an authority on Springdale history so I can’t verify any of it. But I know that Springdale’s history is very important to many of my neighbors here so some of you might want to do that. **With that, here is Faye Cope’s “A Little History Gathered from Various Sources”**

In November 1862, the first Mormon settlers pitched their tents and wagons near the big spring-fed pond in the middle of this canyon. The water looked so pure and clean and the pond was full of fish and crawdads.

Albert Petty with his family plus five other families settled in and were joined by about 15 more families by the end of 1863. Some accounts of the settling of Springdale indicate the town was settled in 1863, because that is when Isaac Behunin, the first settler in what is now known as Zion Canyon, built a cabin in a canyon near what would become the location of Zion Lodge. He wouldn’t have considered it Springdale, which was a day’s ride downstream.

By 1864 the settlers had realized the marshy area around the big pond was the breeding ground for mosquitoes that carried the ague – malaria. After being nursed back to health by their neighbors from Rockville, Grafton and Shunesburg, most of the families moved away. In 1866, everyone moved away because the indigenous residents of the area were becoming, let’s say, unwelcoming. The historical accounts call this ‘Indian trouble.’

It took over twelve years for Springdale to grow back to its original size, but those who came back earliest began work on a road and a ditch. They drained the swampy lands and built a ‘canyon fence’ somewhere near what is now the Dickman property. Everyone’s livestock was allowed to run the length of the canyon. The flooding of the river and the washes beset them regularly. There weren’t many trees to contain the banks. The construction of an irrigation canal was first priority; the construction of the roads in and out of town the second. They knew the most important things they must accomplish were getting water to their crops and getting in touch with the rest of the world for trade, supplies and news. As they soon learned, neither of those things would be easy.

The cloudbursts were devastating to the canals. The mountains that looked so beautiful were also formidable barriers. Springdale was originally within the boundaries of Kane County. Imagine trying to get to Kanab to do business without the tunnel. It took several days for a horse and wagon to make the trip to the county seat, once the road was built over ‘Rockville Mountain.’

In the early 1900’s tourists started arriving in the canyon, including the artist Frederick S. Dellenbaugh, whose paintings of Zion introduced the world to Zion's amazing colors and peaks. In 1909, the canyon was declared Mukuntuweap National Monument. In 1915 or 1916 (accounts vary), the first automobile arrived in Springdale. In 1916 a road was built from LaVerkin to Springdale by convicts from the State Prison. In 1917 Wylie’s Camp (location of Zion Lodge) opened for overnight guests. In 1919 Mukuntuweap National Monument became Zion National Park, Utah’s first National Park. In 1925, Zion Lodge and cabins were built by Union Pacific Railroad’s Utah Parks Company. Bryce Canyon and Grand Canyon, part of the Utah Parks Company’s holdings, were ‘so close, but so far away’ and by 1927 engineers and surveyors had established the route for the Zion-Mt. Carmel highway and tunnel. The doors to the world started to swing open. The 1.1 mile-long tunnel was finished in 1930.

Springdale was barely ready for the world to come calling. There was no electricity until 1927. A culinary pipeline wasn’t started until

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1923, and it was a 1 ½" pipeline less than a mile long and built by the water users themselves in exchange for hook-ups. About ½ mile of that pipe was bought used from the oil fields in Virgin. In 1930 there were only two restaurants (West Temple Coffee Shop, later known as Canyon Inn, and Allred's Café) and three places to stay (Allred's Camp, Ivy Gifford's Camp and Graff's cabins). The single telephone was at the home of Thornton Hepworth. The phone line, serviced by The Southern Utah Telephone Company, was personally installed 'over the ledges of Zion' by John Winder so he could communicate with his ranch on East Zion. Though the first gas pump was installed in 1926, the first real service station was built in 1937, twenty-one years after the first car arrived.

It took a while for Springdale to bloom. The Town wasn't incorporated until 1959. It didn't have much money. Most tourists went to stay in the Park at Utah Parks Company's Zion Lodge and Zion Inn. Most of the tourists arrived and left in Utah Parks buses without a stop in Springdale. A few businesses made names for themselves: Grandma's Kitchen (which became Bumbleberry), Zion Rest Motel (which became Flanigan's), Allred's Camp and Café' (which became Pioneer Lodge), Canyon Inn (which moved and became Driftwood), Hardy's Market and Post Office (which became Zion Park Market, which became Springdale Candy Company.)
In 1986 the Town qualified for a new Utah tax called Resort Sales Tax. It was estimated the tax would bring in at least $50,000 a year. Unknown to the wise council members who passed that ordinance, the Town's fortunes had begun to change. In 2011, revenue from the Resort tax exceeded $700,000, roughly 6.5 times the town's entire 1986 budget.

The Town purchased water rights from the Irrigation Company in 1988 when the Irrigation decree was readjudicated. For the first time in decades, there was adequate culinary water, which significantly impacted the growth of the town. At the same time, the pressurized irrigation system was installed and the canals and ditches that had sustained the town for so many years went dry. An unforeseen consequence: dozens of cottonwood trees, which had been thirstily drinking nearly a third of the water the ditches delivered, began to die. The expected consequence: After decades of water moratoriums, water connections became available for homes and businesses. Having some money and some water allowed Springdale to begin to grow. There were some awful years of contention and struggle while it decided what it wanted to be (and didn't want to be) when it grew up.

Now Springdale is considered one of the premier gateway partner-cities in the US National Parks system, as well as one of the prettiest towns in America, according for Forbes Travel. The Town's partnership with Zion National Park is world-famous. Because of that partnership, there is a free public transportation system in Springdale during the tourist season. Springdale boasts about 20 restaurants, 2 candy stores, 2 service stations plus a mechanic's garage, 25 lodging businesses, including one RV campground, 6 bed and breakfasts, 2 vacation rental homes and two new (unfinished) motels.

The retail and gallery shops in Springdale number in the thirties and are varied and interesting. There is an elementary school, a lovely church, a post office, a bank, a spa, a movie theater, a stage theater, several professional companies, several non-profit organizations, a farmer's market, a liquor outlet and several guiding companies. Many, many millions of people have visited Zion since 1909; many of them also spent time in Springdale, and many of them return year after year to what they consider 'home away from home.'

The infrastructure that supports Springdale is impressive–four water tanks, many miles of culinary and irrigation pipelines, a sewer system that services Zion, Springdale and Rockville, two city parks, a lovely community center and a town hall. Sidewalks and a walking/biking path go from one end of town to the other. The McMahons at Zion Clinic have taken care of Springdale's medical needs for over 20 years. A public library has been important to Springdale for most of its 150 years, and the current library is a gem in the Washington County Library's ring.

Springdale Elementary school is an important part of our lives and community. The LDS church remains the spiritual center for a significant percentage of the townspeople. Zion Canyon Arts and Humanities Council is one of the longest-lived arts council in Utah; they have been a cultural godsend for over 35 years.
Though Springdale's population has always been less than 600, the build-out scenarios indicate the population could be 2-3 times that within the next 20-40 years. It is hard to envision. But imagine how stunned those six original families would be to see their neighborhood now: Zion Park Inn, Switchback Grille and Trading Co., Canyon Springs Road, Hampton Inn, two shuttle stops and a highway carrying nearly 3 million tourists a year have replaced the malarial swamp and the gristmill.

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The last 150 years have brought commerce and prosperity to Springdale as well as many beautiful homes and lodging places. Still, it is a charming and welcoming village. Best of all are the many new good friends and neighbors who have come home to Springdale to stay. The 2010 census numbered us at 529 residents. Let us continue to strive to keep Springdale a place we all want to 'come home to' for at least another 150 years.
Fay Cope, Springdale Town Clerk

Some Major Events and Dates Pertaining to the History of Springdale and Vicinity
(I wish I knew who compiled the list I excerpted most of this from. The original stops in 1942. I have covered more recent dates and filled in some blanks.)
1862 First settlers come to Springdale. Tradition has Albert Petty as the first resident.
1866 Blackhawk War forced move to Rockville. Petty refused to budge.
1870 Brigham Young visited Springdale and Zion and declared 'This is not Zion'.
1872 John Wesley Powell visited Zion Canyon, coming through Parunaweap and Shunesburg.
1874 Springdale and Rockville joined the United Order, which folded within a year.
1885 The first church building was erected. It served as church, school, town hall and recreation hall.
1897 John Winder built the East Rim Trail with support of Springdale residents. Town got its first Post Office with O.D. Gifford as postmaster.
1901 The first load of wood came down the cable works.
1909 President Taft designated the canyon 'Mukuntuweap National Monument'.
1915 First automobile, driven by Elmer Stout, comes to Springdale.
1919 Zion declared Utah's first National Park.
1923 President Harding visits Zion. Union Pacific takes over Wylie's camp. Culinary water lines are installed in Springdale.
1924 Fox Movie Company made first full-length movie in Zion: 'Deadwood Coach' starring Tom Mix.
1930 Springdale Elementary School is built.
1933 The CCCs arrive in Zion. Newell and Norm Crawford climb West Temple.
1934 The road is paved through town and CCCs build the rock ditches. A new church is built.
1935 Utah Parks Co. opens Zion Inn Cafeteria and camp center. (Now the Nature Center.)
1942 The CCCs go home. Clin Twitchell stays and marries Elva Crawford.
1950 Zion Canyon Lions Club is chartered. In the next thirty years, their projects include installation of 13 fire hydrants, placing mercury vapor street lights along Main Street, wood benches along city streets, buying and placing television transmitters, cleaning up the city dump and laying 2700 feet of sidewalk.
1959 Springdale Town is incorporated. Austin Excell is the first town president
1968 Springdale Pipeline Company transfers water rights, water lines and easements to Springdale Town. Zion Canyon Lions Club initiates transfer of land to Town of Springdale. Gale Gifford donates cemetery land to Springdale Town.
1969 Springdale bonds to make water system improvements.
1972 Springdale adopts a Zoning Code and appoints one of the first Planning Commissions in Utah.
1977 Rio Virgin Arts Council, (later Zion Canyon Arts and Humanities Council,) is founded.
1980 Construction begins on the Springdale Sewer System
1981 Construction begins on Town Office building.
1986 Town adopts ordinance authorizing Resort Sales Tax.
1988 Town and Irrigation Company begin construction of pressurized irrigation system. Town purchases water rights that would have been lost to re-adjudication.
Life in Springdale – Collected Works
How River Water Changed Everything in My Hometown
By Fay Cope
I moved to Zion when I was nine years old. Springdale was a different place then - very small and very poor. Springdale's poverty-consciousness was prevailing; everything was scarce and water was always a part of that awareness. Irrigation water ran in the ditches and there was a water master who monitored water turns every hour. If you didn't get your gate closed on time, Barbara Felton closed it and got in your face about stealing water.
For culinary water, Springdale had only well rights and spring rights. The spring rights were very old and the water was very good, but the spring was inside Zion National Park and the water was piped into Springdale in a tiny pipe. The spring didn't meet the needs

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of the town by itself, so the Town drilled several wells trying to find another good source. The wells were disappointing. Always the water was full of salt and minerals and had to be mixed with the spring water to be drinkable. Pumping most of the night finally filled the water tank, which sometimes lasted until dusk the next day, when a blaring alarm notified the man on call it was time to start the pumps.

For many years, survival in Springdale was sketchy. Businesses hung on by their fingernails because the entire season consisted of June, July and August. Kids started working as soon as they could get a work permit (I was 13.) When they grew up, they moved away. I did.

There were people who defied and beat the odds - usually, people who moved into Springdale from somewhere else. People who had bigger ideas and dreams than could be carried in a tiny pipe, so bigger pipes were installed to a new tank that didn't have a siren. People built or renovated motels and restaurants, swimming pools and gift shops and were fairly successful until the water ran out. Moratoriums were imposed. In the 80s there wasn't enough water to allow anyone to build anything. People were frustrated and angry because they had property they couldn't develop. Times were hard. Businesses closed. Most of Springdale looked and felt like a ghost town when I came back home to work for Springdale Town in 1986.

Then something happened that changed everything. The Irrigation Company's water right decree was re-adjudicated by the state engineer. A decree is a kind of water right that is mathematically determined. The (number of acres cultivated) is multiplied (x) by the (number of acre-feet required to keep those acres watered for a year) to determine the (=) total number of second-feet decreed. Periodically, the state engineer checks up on water rights and decrees because all the water in Utah belongs to the State and they want proof it's being used. When they re-adjudicate, they measure the currently cultivated ground in the decree area and redo the math.

In the 80s, only two-thirds of the acres under the original decree were being cultivated and the Irrigation Company lost a third of its water right. Just like that. Plus they learned that they had been diverting far more water from the river than their decree permitted. Evaporation from the open ditches and thirsty cottonwoods trees sucked away at least a third of the water in the irrigation ditch. The Irrigation Company suddenly faced having to divert only as much water as decreed, which was a third less than it used to be, then losing a third of it again before it got to the land. They needed a pipeline to keep their fields and homes watered. It was a disaster.

But wait. A strange thing happened. The Town and the Irrigation Company co-operated in an effort to keep the water right in Springdale. Springdale offered to buy it, somehow. Enter another strange factor. Some of those out-of-town dreamers wanted to build a golf course - which needed a pipeline! In rare, perhaps miraculous circumstances, the right people were in Springdale that critical year to change Springdale forever.

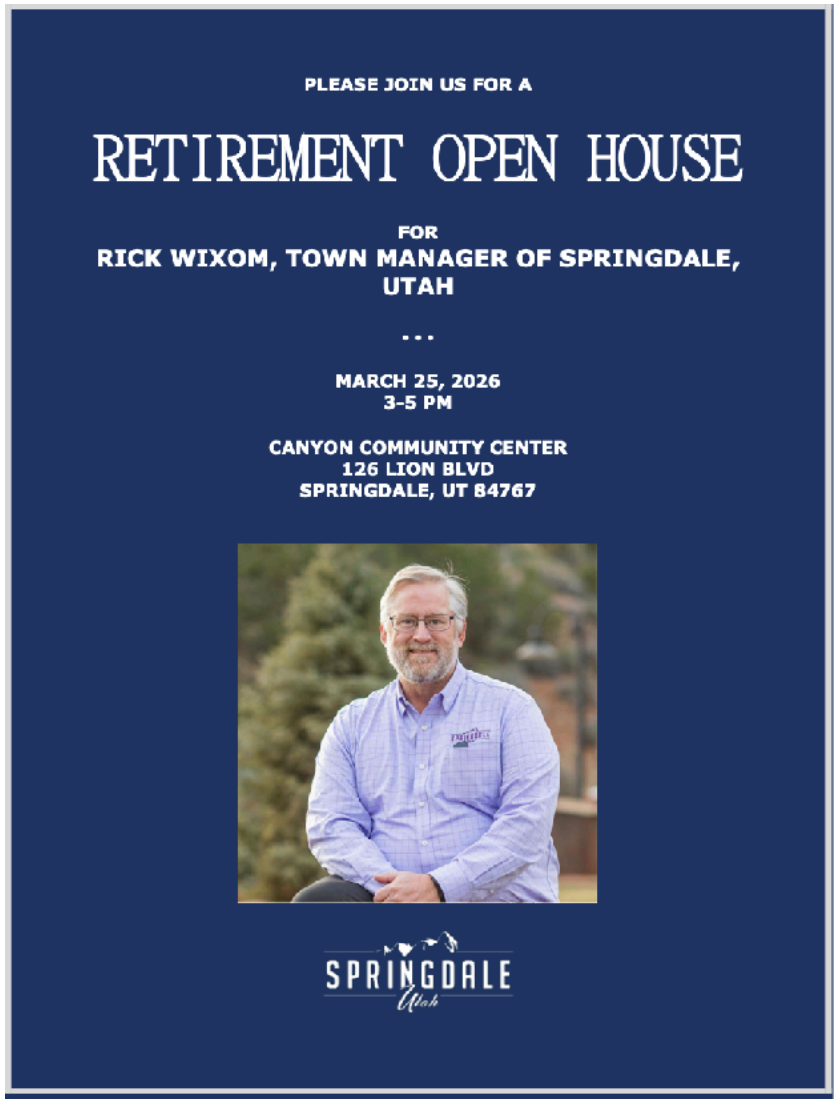
The developer paid the town for water connections in advance so the Town could buy the water rights from the Irrigation Company. The Irrigation Company used their money to leverage a loan to construct a pressurized system. Springdale got rights to the river water! The Irrigation Company got a pipeline! The developer got a lot of grief.
(There was a lawsuit; it was settled; the developer probably came out all right in the end, but never got any credit for the help.)

Springdale suddenly had enough water. A water treatment plant was built. Another water tank and bigger water lines were installed. New subdivisions were approved. New homes and businesses were built. Then more and more things started happening. New parks, new playgrounds, new shuttles. A new town hall. A community center! The poverty consciousness had disappeared with the water shortage. Springdale was no longer fearful. Springdale was wealthy in water, which changed everything. Springdale grew up and became the lovely, welcoming place it is because it finally had a right to some of the river water running down its heart line.

Recent engineering studies and buildout analyses have shown that Springdale Town's culinary water rights are inadequate to supply the buildout population. Again, river water will be needed, and as more and more acres of land are developed rather than cultivated, the smaller the number of second-feet would appear on a re-adjudicated decree. Keeping the river water in Springdale is important beyond words and there are ways to help. Shareholders of the Irrigation Company are the keepers of our future, because only they can take the steps needed to protect their own river water rights.

“Nothing Is as Constant as Change”

All are cordially invited to attend these two events to celebrate, congratulate, and appreciate these two dedicated and long-time servants of Springdale as they venture into new chapters in their lives.





Never Bored in Springdale

especially in the town's birthday month. Time to celebrate Springdale !!!

CHECK OUT THE MARCH TOWN NEWSLETTER!!! To access the Town's March newsletter with extra good stuff for Springdale's birthday week in March: <https://www.springdaletown.com/ArchiveCenter/ViewFile/Item/243> lots of local businesses are giving great local discount, some for a week, or a month. For instance, OSCAR'S is giving a 50% locals discount for this week.

March 2-6, Mon-Fri, Celebrate Locals Week, So much fun stuff check it out, see pg 21 or, better yet, the town newsletter: **<https://www.springdaletown.com/ArchiveCenter/ViewFile/Item/243**

Mar 3, Tuesday, 8am, High Fitness, CCC, cost (except March, Springdale Birthday month)

Mar 3, Tuesday, 10am, Yoga, CCC, cost (except March, Springdale Birthday month)

Mar 3, Tuesday, 2-4pm, Craft Group

Mar 4, Wednesday, noon, Bring Your Own Lunch-meet with the Mayor, CCC, which the Mayor will continue to have as long as people attend.

Mar 4, Wednesday, 4pm, Teen Time, CCC, Arts/Crafts, weekly, see pg 17

Mar 4, Wednesday, 5pm, Planning Commission Work Meeting, CCC

Mar 5, Thursday, 3-4:30pm, Sketchers, CCC small reading room, weekly, see pg 16

Mar 5, Thursday, 4pm, After School Club, CCC, Movie, weekly, see pg 19

Mar 5, Thursday, 6pm, The Canyon"s Got Talent, Rockville Community Center, see pg 12

March 6, Friday, 2-4pm Springdale's 67th Birthday Party, CCC, see pg 21

Mar 6, Friday, 6-7pm, Chrystal Sound Bath Meditation, CCC, weekly, cost, (except March, Springdale Birthday month)

Mar 7, Saturday, 2-4 pm, Adult Beginner Pickleball Lessons, Pickleball courts, weekly, cost, (except March, Springdale Birthday month) see pg 20

Mar 7, Saturday, Spring Forward, Set your clocks ahead one hour before you hit the sack if you still have clocks that need setting. Daylight Savings Time starts at 2am Sunday morning. Aaaargh!

Mar 9 Monday, 4-6pm, Organized Pickleball play, Pickleball Courts, social after, weekly, free, see pg 20

Mar 10 Tuesday, 8am, High Fitness, CCC, cost (except March, Springdale Birthday month)

Mar 10, Tuesday, 10am, Yoga, CCC, cost (except March, Springdale Birthday month)

Mar 10 Tuesday, 2-4pm, Craft Group

Mar 11, Wednesday, 11:30,am Adult Book Club, Library, discussing *The Book Woman of Troublesome Creek* by Richardson, monthly

Mar 11, Wednesday, 4pm, Teen Time, CCC, D&D, weekly, see pg 17

Mar 12, Thursday, 4pm, After School Club, CCC, Games, weekly, see pg 19

Mar 13 Friday, 6-7pm, Chrystal Sound Bath Meditation, CCC, weekly, cost, (except March, Springdale Birthday month)

Mar 14, Saturday, 2-4 pm, Adult Beginner Pickleball Lessons, Pickleball courts, see pg 20

Mar 16, Monday, 4-6pm, Organized Pickleball play, Pickleball Courts, social after, weekly, free, see pg 20

Mar 17, Tuesday, 8am, High Fitness, CCC, cost (except March, Springdale Birthday month)

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Mar 17, Tuesday, 10am, Yoga, CCC, cost (except March, Springdale Birthday month)

Mar 17, Tuesday, 2-4pm, Craft Group

Mar 18 Wednesday, 4pm, Teen Time, group games, CCC

Mar 19, Thursday, 4pm, After School Club, CCC, Craft, weekly, see pg 19

Mar 20, Friday, 1pm, Virgin River Tumbleweed Cleanup, Barker Park, see pg 24

Mar 20, Friday, 6-7pm, Chrystal Sound Bath Meditation, CCC, weekly, cost, (except March, Springdale Birthday month)

Mar 21, Saturday, 2pm, St. Patrick's Parade, see pg 15

Mar 21, Friday, 6-7pm, Chrystal Sound Bath Meditation, CCC, weekly, cost, (except March, Springdale Birthday month)

Mar 23, Monday, 4-6pm, Organized Pickleball play, Pickleball Courts, social after, weekly, free, see pg 20

Mar 24, Tuesday, 8am, High Fitness, CCC, weekly, cost (except March, Springdale Birthday month)

Mar 24, Tuesday, 10am, Yoga, CCC, weekly, cost (except March, Springdale Birthday month)

Mar 24, Tuesday, 2-4pm, Craft Group

Mar 25, Wednesday, 4pm, Teen Time, library, book club, discussing *The Ogress and the Orphans* by Barnhill, see pg 14

Mar 23 Monday, 4-6pm, Organized Pickleball Social Play, Pickleball Courts, see pg 20

Mar 25, Wednesday, 3-5pm, Retirement Open House for Rick Wixom, CCC

Mar 26, Thursday, 4pm, After School Club, Science Project, CCC, weekly, see pg 19

Mar 26, Thursday, 5pm, Library, Paint Night, free but register, see pg 22

Mar 28, Saturday, 2-4pm**,** Adult Beginner Pickleball Lessons, Pickleball Courts, see pg 20

Mar 21, Saturday, 10:30am-1:30pm, Green Jello Workshop, CCC, Join he fun creating jello sculpture as part of St Patty's Day festivities. More info: <https://www.zarts.org/event-details/green-jello-sculpture-workshop>

Mar 23, Monday, 10am, free outdoor exercise class, by the gazebo, see pg 18

Mar 25, Wednesday, 4-6pm, Organized Pickleball Social Play, Pickleball Courts, see pg 20

Mar 27, Friday, 7pm, Svetlana Smolina -Classical Piano, CCC, see pg 18

Mar 27, Friday, 1-2pm, Meet Springdale's new Town Manager, CCC

Mar 28, Saturday, 7pm, The Maybelle Series, Bumbleberry Theater, $15, sounds awesome

Mar 30, Monday, 4-6pm, Organized Pickleball play, Pickleball Courts, social after, weekly, free, see pg 20

Z-Arts upcoming events: https://www.zarts.org/event-list

For Lion's Club: https://www.springdaletown.com/290/Zion-Canyon-Lions-Club

For Zion Animal Lovers (ZAL): https://www.springdaletown.com/310/Zion-Animal-Lovers-ZAL

For a great listing of community events with links to greater details: <https://www.springdaletown.com/calendar.aspx>

Information about Wellness and Fitness Classes: <https://www.springdaletown.com/458/Wellness-Fitness-Classes>

Events at Bumbleberry Theater: <https://bumbleberry.com/springdale-utah-theater/>

Looking ahead:

April 2, Thursday, 6pm, The Upper Room, see pg 25

Apr 18, 19, Saturday & Sunday, Zion Chalk & Earth Fest, see pg 23

Apr 24, Friday, 6pm, Concert in the Park, at the Gazebo, see pg 24

Celebrate Springdale's Quirks

Joshua Pettit tells us, "Ever wondered about that piece of aviation history hidden in the red rocks?
Most people visit Zion National Park for the views, but history buffs know about the day the sky fell behind Zion Lodge. On July 11, 1973, an Air Force F-111 military jet crashed into the rugged cliffs of the canyon.
Here's the wild part: The pilots survived by using the plane's unique escape capsule—literally ejecting the entire cockpit!
Fast Facts:
The Plane: A General Dynamics F-111 from Nellis Air Force Base.
The Site: Rugged terrain right behind the Zion Lodge.
The Legend: While most of the wreckage was hauled out by helicopters, stories of the "Zion Jet" have circulated for decades, often getting mixed up with other famous Utah crashes from the 60s.
Next time you're hiking the Emerald Pools or relaxing at the Lodge, look up at those towering sandstone walls and imagine the roar of a jet echoing through the canyon.
#zionnationalpark Park **#AviationHistory #UtahHistory #F111 #NationalParks #ExploreUtah #HiddenHistory #ZionLodge #utah #southernutah"**
Stan Smith added another fun fact, "There was live ammo that came from the plane that they had to carefully come and dispose of. It was quite a day and lots to talk about when it happened."
Here are other *quirky, fun, and interesting facts* about Springdale. I think most of us know many of these:

🌄 **Tiny Town, Massive Views**

- **Springdale has fewer than ~500 year-round residents** — but it welcomes *millions* of visitors each year because of its stunning red rock backdrop. That contrast between a sleepy population and massive crowds makes it feel like a *micro-village with megawatt scenery*.

🎨 **A Big Little Arts Scene**

- Despite its size, Springdale punches above its weight in art. So many options; so little time.

✏️ **Chalk & Earth Fest**

- Every spring the town transforms into a chalk art festival hub with **chalk art, live music, food, and community vibe at *Zion Chalk & Earth Fest*** — a surprisingly creative event for such a small place.

🌌 **A Certified Dark Sky Community**

- Springdale is officially recognized as an **International Dark Sky Community**, meaning the town and residents make an active effort to keep light pollution low so you can see the Milky Way and tons of stars at night.

🪓 **A Historic "Town Jail" Built by the CCC**

- In 1935, the **Civilian Conservation Corps (CCC)** — better known for building trails and park infrastructure — also built a *tiny stone town jail* in Springdale to keep rowdy CCC workers in check during dances and social events. It's one of the few CCC-built jails in the state!

🏡 **Pioneer Origins with an Ironic Twist**

- The town allegedly got its name when one of the first settlers' wives stood beside the spring and named it "Springdale." Ironically, for many years Springdale was just a *satellite to nearby Rockville* — pioneers had to trek there for mail, church, or supplies.

🪨 **A One-Road Village with Monumental Views**

- The whole town stretches along a *single main road*, where at almost every turn you're flanked by ancient sandstone formations like **Mount Kinesava** rising dramatically above. It feels like a *movie set designed by geology*.

🛣️ **The Town Only Really Grew After a Tunnel**

- For decades Springdale was *isolated by the closed canyon*. When the **Zion-Mount Carmel Highway and Tunnel opened in 1930**, it suddenly connected the town to the broader world — and started the modern tourism boom.

Some lesser-known *odd natural features* around Springdale

🧗 **1. Many Pools Trail (When It Actually Has Pools)**

After a rainstorm, this slickrock area fills with dozens of natural sandstone basins — tiny temporary "bathtubs" reflecting the sky.
When dry, it just looks like wavy rock. When wet? It becomes a surreal maze of mirrored puddles.
Quirk: Locals will check the weather just to see if the "many pools" are actually… many.

🌊 **2. The Subway (Left Fork of North Creek)**

The hike to **The Subway** feels like discovering a secret canyon lab. The rock walls curve into a smooth, tubular tunnel carved by water — so perfect it looks engineered.
Quirk: You need a permit, and flash floods can turn it from peaceful to terrifying in minutes. It's gorgeous but moody.

🧱 **3. Checkerboard Mesa's Mystery**

On the east side of Zion, **Checkerboard Mesa** looks like it was carved into a giant waffle pattern.
Geologists say it's from cross-bedding and erosion — but standing below it, it looks suspiciously like alien architecture.

🌵 **4. Hidden Hanging Gardens**

Some cliff faces near Springdale support delicate ferns and wildflowers growing straight out of vertical rock walls. These "hanging gardens" exist because water seeps through porous sandstone layers.
Quirk: From far away they look like mossy wallpaper pasted on a cliff.

🦌 **5. Bold Deer in Town**

Mule deer casually stroll through Springdale like they pay property taxes. They graze on hotel lawns and wander sidewalks at dusk.
Quirk: It's common to see tourists photographing deer with million-dollar canyon views behind them.

🌌 **6. Canyon Glow at Night**

Because Springdale is an International Dark Sky Community, the cliffs sometimes glow faintly under starlight. On moonlit nights, the red rock can look silver-pink.
Quirk: The canyon walls can reflect so much moonlight it feels like the sun is rising at midnight.

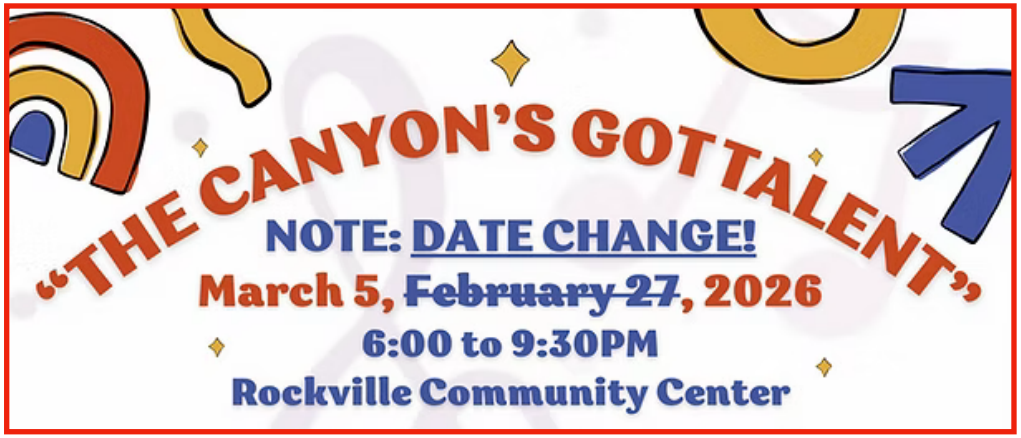
🏜️ **7. Ghost-Quiet Side Canyons**

While Angels Landing and The Narrows get packed, you can step into side canyons like Clear Creek (less visited) and suddenly hear… nothing.
Absolute silence except wind.
It's oddly eerie — like the world turned off.

🪨 **8. Petrified Sand Dunes**

The massive rock formations around Springdale are basically ancient sand dunes turned to stone over millions of years.
You're hiking on what used to be a Jurassic desert.
Quirk: The wavy patterns in the rock are literal frozen ripples of prehistoric wind.

🦎 **9. Zion's Tiny Endemic Creatures**



The Canyon's Got Talent!
Mar 05, 2026, 6:00 PM – 9:30 PM
Rockville Community Center, 43 E Main St, Rockville, UT 84763, USA
NEW DATE!
March 5, 2026
6:00 to 9:30PM
Rockville Community Center

Z-Arts is looking for folks to sign up for the Family Friendly Talent Show with Children and Adult Categories in Rockville. Deadline to sign up is Feb 27. There will be cash prizes. For more info and to sign up go to: https://tinyurl.com/4ubunz97 - Please share this with anyone you think would be interested.
Rules

* For residents and workers in Rockville, Springdale, Virgin and Zion National Park
* Cash Prizes: Children (17 and under) 1st $100, 2nd $75, 3rd $50; Adults (18 and over) 1st $350, 2nd $250, 3rd $175
* Family Friendly Talent - performance-based amateurs (music, dance, comedy, magic, juggling, hula hoop, etc.) The committee may reach out to you if there's a question about your piece.
* Solo or groups. Adults may accompany children but cannot be a significant part of the performance.
* Must bring all instruments. Sound system will be provided.
* Each slot will be allowed 3 to 4 minutes.
* Arrive by 5:30pm for sign-in.



Cover To Cover

Spring Reading Challenge

Children between the ages of 4 and 12 are invited to participate
Sign-up at the Library before starting to get credit for reading
Depending on age and reading level, read 5 books or 300 minutes
Award: a gift card for a free hamburger or cheeseburger at In-N-Out
Each child may earn up to 3 awards

Saturday, March 7th through
Saturday, April 18th

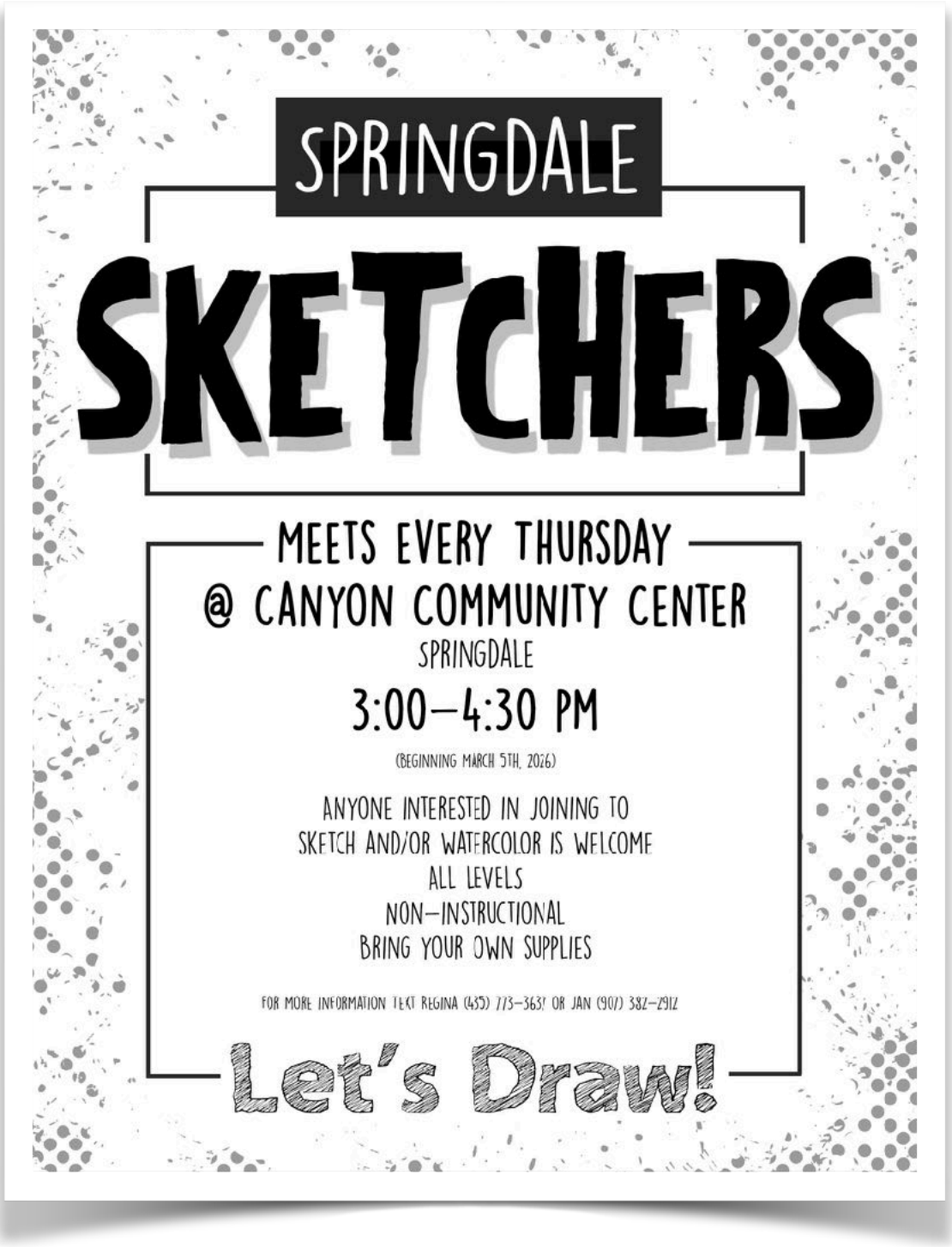
Washington County Library System


TWEEN BOOK CLUB
[AT] THE SPRINGDALE LIBRARY
Discussion of
The Ogress and the Orphans
By Kelly Barnhill
WEDNESDAY, MARCH 25TH [AT] 4:00PM
For more information contact:
435-772-3676 or
emilyj@washco.lib.ut.us
WASHINGTON COUNTY LIBRARY SYSTEM
The Ogress and the Orphans
Kelly Barnhill
Newbery Medal–winning author of
THE GIRL WHO DRANK THE MOON



For a wee bit of fun this St. Patrick's Day, join us in Springdale, the gateway to Zion National Park!

https://facebook.com/events/s/zion-canyon-st-patricks-day-fe/751260614208031/



Check out the new sketching group in Springdale.
Meeting in the small reading room at the CCC. Join them on the first field trip, check out the transit system to the mall or just meet group there. Open to all levels.
Starts March 5.
If you have paper and pencil you're good to go!
For more info
text Regina 435 773 3637
or Jan 907 382 2912




Spells
THE ADVENTURE CONTINUES...
JR. D&D CLUB
@ THE SPRINGDALE LIBRARY
EVERY SECOND
THURSDAY @ 5
FOR MORE INFO CALL: (435) 772-3676
OR EMAIL: EMILYJ@WASHCO.LIB.UT.US
WASHINGTON COUNTY
LIBRARY SYSTEM
PARENTS ARE ALWAYS WELCOME,
BUT NOT REQUIRED


SPRINGDALE LIBRARY
Laugh, Craft & Play with Friends
TEEN TIME
EVERY WEDNESDAY @ 4:00PM
FIRST WEDNESDAY: ART/CRAFTS
SECOND WEDNESDAY: D&D
*THIRD WEDNESDAY: GROUP GAMES
*FOURTH WEDNESDAY: BOOK CLUB
FOR MORE INFORMATION CONTACT:
EMILYJ@WASHCO.UTAH.GOV
OR (435) 772-3676
(*SCHEDULE MAY CHANGE ON MONTHS WITH HOLIDAYS)

Hey, Locals, did you know there's a free outdoor exercise class every **Monday at 10 am** by the gazebo? [I you're looking at the library, the gazebo is to the left., but then again, if you're a local, you probably know that.] The time will shift to 9 am when the weather shifts away from brrrrrrr. Bring hand-held weights, yoga mat, bands, water, and yourself — and maybe a friend. Enjoy a warm up, cardio, and stretching, thanks to Janel Bassett.











Svetlana Smolina - Classical Piano
Mar 27, 2026, 7:00 PM
Canyon Community Center, 126 Lion Blvd, Springdale, UT
Performance will include pieces by
Tchaikovsky, F. Chopin, F. Liszt,
G. Gershwin, E. Lecuona, M. Moszkovsky,
A. Ginastera, and M. Balakirev.


Springdale Library & Canyon Community Center
AFTER SCHOOL CLUB
Thursdays at 4 pm
MARCH ACTIVITIES:
03/05 - Movie
03/12 - Games
03/19 - Craft with Robyn
03/26 - Science Project
WASHINGTON COUNTY
LIBRARY SYSTEM
CANYON
COMMUNITY
CENTER

PICKLEBALL CLASSES

BEGINNER ADULT CLASSES
SATURDAYS 2PM TO 4PM

SPRINGDALE PICKLEBALL COURTS
126 LION BLVD., SPRINGDALE UT, 84767



PICKLEBALLS AND LOANER PADDLES PROVIDED.
BRING WATER, WEAR COURT SHOES & USE EYE PROTECTION

5 CLASS PUNCH PASS $20
10 CLASS PUNCH PASS $40
$5 DROP-IN FEE

SCAN THE QR CODE FOR MORE INFORMATION, PURCHASE A PASS & SIGN A WAIVER

pickleball Information

INSTRUCTOR: ROBYN CHANCEY, PPR CERTIFIED COACH

SPRINGDALE TOWN IS NOT RESPONSIBLE FOR ANY COSTS OR EXPENSES INCURRED BY PARTICIPANTS DURING THE SOCIAL GATHERING AFTER THE ROUND ROBIN/LADDER PLAY.

Springdale Pickleball

Round Robin / Ladder Play & Social



FREE!

Springdale Pickleball Courts
126 Lion Blvd., Springdale

Scan the QR Code for more information & sign a waiver

Pickleball Information

MONDAYS 4PM to 6PM
Social Gathering immediately following Round Robin/Ladder Play



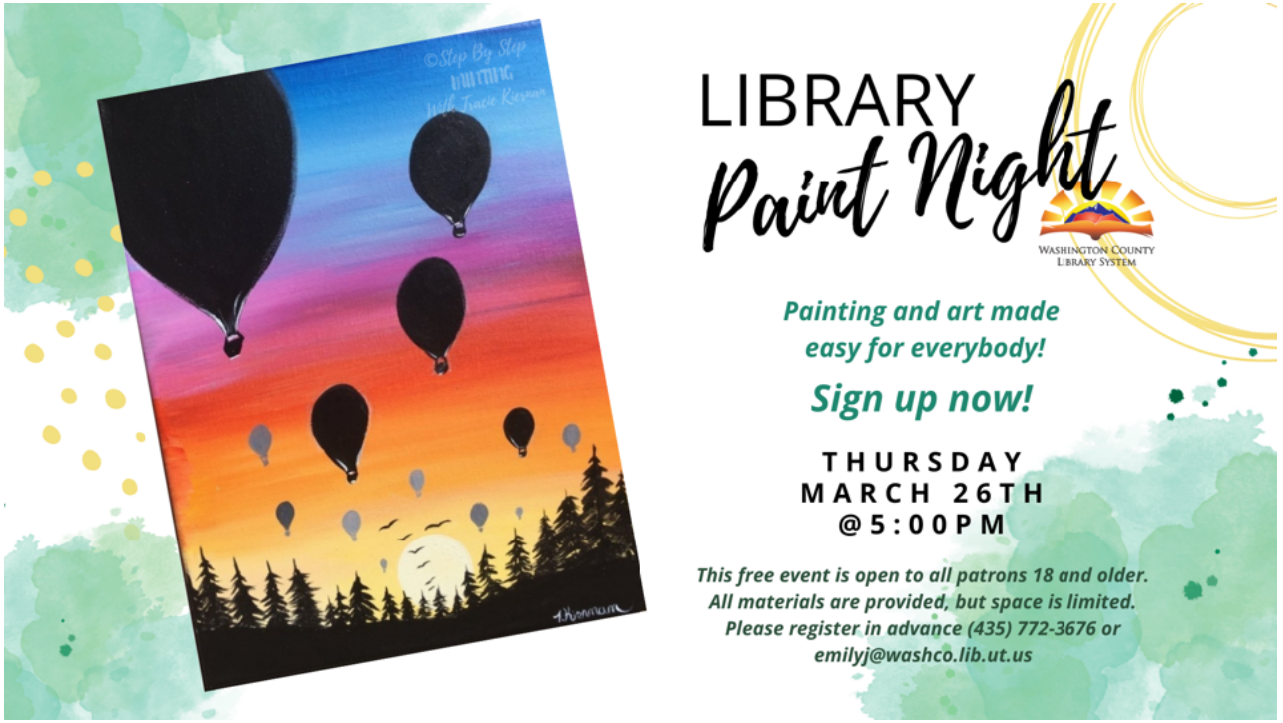
Celebrate Locals Week in Springdale!

SHOP LOCAL · SHOP LOCAL ·

Join us **March 2-6th** for a week of community fun, special offers, and great prizes! Prizes will be announced at the Springdale Birthday Party on **Friday, March 6th**.

- **Locals Bingo** - Pick up a bingo card at Town Hall starting **February 27th**, visit participating businesses between **March 2-6th** to collect stamps (no purchase necessary), and turn in your card at the birthday party for a chance to win.
  One row/column = 1 raffle ticket, a full card/blackout= 5 tickets!
- **Prizes** - Over $1,000 in prizes, including themed gift baskets, restaurant gift cards, and more! The raffle drawing will be held at the Birthday Party - you must be present to win.
- **Springdale Birthday Party** - Join us on **March 6th** at the Canyon Community Center for the raffle drawing, fun activities, and a chance to connect with neighbors, businesses, and town staff.

More information on participating businesses, special offers, and Springdale Birthday Party details to come!
***One prize per person**



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Canyon Kaleidoscope Community Art Show - February 16 thru March 27, 2026

Feb 16, 2026, 10:00 AM – Mar 27, 2026, 6:00 PM



Canyon Community Center,
126 Lion Blvd, Springdale, UT 84767,

Our 4th year! Featuring works from Zion Canyon Artists and/or participants of the Canyon Community Center art classes!


EARTH WITHOUT 'ART' IS JUST 'EH'
2026
Zion Chalk & Earth Fest.
SATURDAY, APRIL 18TH &
SUNDAY, APRIL 19TH, 2026
10AM-8PM
SPRINGDALE FIELD
126 LION BLVD, SPRINGDALE
CABLE MOUNTAIN LODGE
AMERICA 250 UTAH
EVENT HIGHLIGHTS
• LIVE ENTERTAINMENT 2PM-8PM
• FOOD
• BEER GARDEN
• VENDORS 10AM-5PM
• WILD & SENIC FILM FEST. SHOWINGS 4/17 & 4/18 AT THE BUMBLEBERRY THEATRE
• & SPECTACULAR CHALK ART
Zion Chalk & Earth Fest.
VISIT OUR WEBPAGE FOR MORE INFO HTTPS://BIT.LY/ZCEF26


VIRGIN RIVER
TUMBLEWEED
CLEANUP
FRIDAY, MARCH 20TH
@ 1PM
AT THE GEORGE A BARKER
RIVER PARK
1615 ZION PARK BLVD, SPRINGDALE,
UTAH 84767
Please bring gloves,
long sleeves, and water.
Please contact Ryan Gubler at
rgubler@springdale.utah.gov
or Jack Burns at
jburns@springdale.utah.gov
with any questions.


AMERICA 250
UTAH
SPRINGDALE TOWN
CONCERT IN THE PARK
FEATURING
ERIC DODGE
Free Event!
Bring your own seat
Park along Lion Blvd.
Friday, April 24th
@ 6PM
Springdale Gazebo Park
126 Lion Blvd., Springdale
Utah Division of
Arts & Museums
Freedom 250
NATIONAL ENDOWMENT for the ARTS

THE UPPER ROOM

AN EASTER WEEK EVENT

JOIN US TO EXPLORE THE EVENTS SURROUNDING
THE LAST DAYS OF JESUS' MORTAL LIFE.

MUSIC **PERIOD DINNER** **SPEAKERS**

SPACE IS LIMITED SO
RSVP FOR A PLACE AT THE TABLE



VIRGIN ROCKVILLE SPRINGDALE

THURSDAY, APRIL 2, 2026
6:00 PM

VIRGIN RIVER WARD CULTURAL HALL

1584 ZION PARK BLVD., SPRINGDALE

RSVP TO EASTERINZION.RSVPIFY.COM OR SCAN

FOR AGES 12 & UP